



DOODLE
FOR
FOOD

HELLO! TODAY I'LL BE
GOING OVER THE IMPORTANCE OF A
PROPER SKIN CARE ROUTINE.



OUR SKIN IS THE
LAST ORGAN TO RECEIVE ANY
NUTRIENTS, AND ALSO THE FIRST
TO SHOW SIGNS OF AGING.



IF YOU DON'T ALREADY
HAVE A SKIN CARE ROUTINE,
IT'S CRUCIAL TO START ONE
IMMEDIATELY.



WHAT ARE
YOU DOING?

MAKING UP FOR
YEARS OF NEGLECT!

